

# Newsletter



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Our newsletters are now available online via the New Auckland Place Website:

[www.newaucklandplace.com.au](http://www.newaucklandplace.com.au)

## DECEMBER 2024

Merry Christmas

### MY CHRISTMAS WISH FOR YOU

by Cecilia Bailey

My Christmas wish for you, my friend  
Is not a simple one  
For I wish you hope and joy and peace  
Days filled with warmth and sun.

I wish you love and friendship, too  
Throughout the coming year  
Lots of laughter and happiness  
To fill your world with cheer.

May you count your blessings, one by one  
And when totaled by the lot  
May you find all you've been given  
To be more than what you sought.

May your journeys be short, your burdens light  
May your spirit never grow old  
May all your clouds have silver linings  
And your rainbows pots of gold.

I wish this all and so much more  
May all your dreams come true  
May you have a Merry Christmas, friend  
And a Happy New Year, too.

@abacus1001quotes.blogspot.com



It is beginning to feel a lot like Christmas....

The month of December is here, and it is always a fun filled month at NAP.

Thank you to Natalie for covering my desk whilst I as away on leave and the remainder of the team for taking on extra tasks during my absence. Welcome to Marcia who commenced in November as Clinical coordinator. Marcia has complimented our existing clinical team and is doing an amazing job.

It was nice to return from leave and see that the new glass sliding door (near café) had been installed and a new roof for the African hut. The maintenance team did a fantastic job of reroofing the hut and the sliding door is certainly much more user friendly.

We have a couple of projects scheduled in the new year. The carpet in the foyer is being replaced and new tables and chairs have been ordered for the Eden Room. 😊

On the 02/12/2024 we will launch our new personal care system, (PCS). Nursing and Lifestyle staff have been in training during the month of November, and we are all excited to commence using the system.

During the first week of operation, we will have a couple of support members from the software provider so if you see some new faces around, they are assisting with the transition.

For several years we have opted for a 12-week menu rather than a four-week menu, to allow more variety. The food focus committee have commenced reviewing the current 12-week menu and part of the review includes trialling some new /different recipes. The kitchen has received a couple of recipes to trial, and I know the kitchen is keen for feedback. If you would like to submit a recipe to be trialled for the new menu then please see Christine or Jo (kitchen). If submitting recipe ideas, please consider that the recipes must be manageable to be cooked for 128 residents and be able to be textured modified.

As part of the review, we will look at continuing with a 12-week menu however instead of being a standard 12-week menu that we repeat every three months we will call it a seasonal menu and as the season change so will some of the dishes. This will keep in line with the availability of produce and offer a fresh menu at the start of every season. So, there will be four main menus. Summer, Autumn, Spring and Winter. We are also looking at more snack type options for residents who require textured modified diet.

Once the menus have been put together, we will have them reviewed and approved by a qualified dietitian before rolling them out.

I would like to take this opportunity to wish all our residents, staff and families a safe and wonderful Christmas and New Year. For those who are travelling, travel safe and I look forward to seeing you all in 2025.

Merry Christmas ... Dawn

# NAP Recipe- Christmas Trifle



'Tis the season for trifle recipes, no doubt about it. Those steady layers of sponge and jelly, billows of custard and cream, and a rainbow of fruit found in a trifle dessert cannot be beaten. A cheeky nip of booze doesn't hurt the cause either.

## INGREDIENTS

- 1 x 100g packet jelly crystals
- 400 ml vanilla custard
- ½ tsp green food colouring
- Chocolate sponge cake
- 177 ml port
- 400g strawberries and blueberries
- 125g Corinthians wafer sticks
- 1 tbsp Sprinkles and Choc Chips

## INSTRUCTIONS

1. The night before you plan to make the trifle, prepare the jelly following the directions on the packet and refrigerate, and prepare the vanilla custard if you're not using store-bought, mixing in one teaspoon of green food colouring before refrigerating.
2. The next morning, cut cake into rounds
3. To assemble the trifle, evenly distribute the small pieces of the chocolate cake between four glasses and drizzle the port over the cake.
4. To each glass, spoon on a layer of broken jelly pieces, a layer of finely diced fresh berries, and a layer of custard.
5. Refrigerate for a few hours, then just before serving, whip cream and pipe whipped cream on top of each glass, then sprinkle on chocolate chips and sprinkles.
6. Add a wafer stick and serve



### Do you have a great recipe to share?

Catering is reviewing their current menu and would like your input. The recipe must be able to be easily adapted to large quantities and can be anything sweet or savoury, main meals, desserts, etc. A prize for most popular entry will be awarded in the New Year.

**All Entries to be submitted to  
Catering**



# Rewind – November Celebrations



Our lovely November Birthday residents Ron and Maureen were bestowed the honour of cutting our Resident's Birthday Cake this month. We hope all our November Birthday residents had wonderful days.

A big thankyou to our friends at Clinton Bakery for donating the decorated birthday sponge cake each month. Call Clinton Bakery on **4978 4477** or visit them at **6 Ballantine St, Clinton** for all your cake and bakery needs.

Thanks also go to the our very talented John & Laurel for providing our residents with the Birthday Morning Tea entertainment this month.



This month we said farewell to Sue A from our GSO Team. Sue has been a great team member and we will miss her smiling face. Thanks to Elsie and Jude for presenting Sue with a parting gift from the residents at NAP.



# Physio Fun for All



The key to a safe and enjoyable Christmas is balancing fun with self-care. By following these tips you will enjoy the season with peace of mind, knowing you are safeguarding your health and well-being.

**Nourish Your Body:** maintain a balance between indulgence and eating healthily. Portion management is key, as is eating only until you are satisfied rather than full. “Eat what you love but in moderation”

**Hydration Matters:** It’s easy to lose track of how much water you are drinking during the busy holidays. Adequate hydration is essential for sustaining energy, increasing alertness, facilitating digestion, and protecting brain health. If you consume alcohol, drink plenty of water before, during, and after.

**Stay Active:** Plan time for exercise and protect yourself from the sun and heat by wearing appropriate clothing, hat and sunscreen. Avoid being outdoors during the hottest part of the day.

## **Relax and Recharge:**

It’s important to prioritize self-care and effective stress management for our mental and emotional well-being. We can decrease our stress by practicing relaxation techniques like deep breathing, meditation and listening to music.

## **Mind Your Medications:**

Our daily routines can easily be sidetracked during the busy holidays. It’s important to remember to maintain your medication schedule and doses as prescribed by your doctor.

**Protect Yourself:** Many infections spread more rapidly over the holiday season. Practice good hand hygiene, stay home while sick, and avoid close contact with others.

# Senior Chair Yoga Poses

Seated Mountain



Overhead Stretch



Seated Forward Bend



Neck Stretch



Reverse Arm Hold



Simple Seated Twist



# Lifestyle Comment



Merry Christmas and welcome to the final month of the year !

2024 has just flown by and December is often a time of reflection, togetherness, and celebrating life's simple joys with family and friends. More than anything, December reminds us of the warmth of human connection and the beauty of giving from the heart. Let this Christmas season serve as a reminder that the true magic lies in the love, care, and generosity we extend to one another each day.

November proved to be a challenge with conducting group activities in the Eden Room due to a respiratory outbreak. That didn't deter everyone from joining in and having a great time as we moved daily activities to each floor and celebrated Melbourne Cup Day. It was great to see so many residents getting involved and dressing up for the event. Our annual Remembrance Day Ceremony was also hosted on each floor this year. Thankyou to all the residents who participated in some way. Take a look at the Rewind Pages for some great pics.

To see the year out we have an action-packed month ahead with lots of ways to celebrate Christmas together. Our Pop-Up Markets will give residents an opportunity to shop for those special gifts for family and friends, our Family Happy Hour and BBQ Night is a great way to kick off Christmas celebrations with your loved ones, and our Christmas Choir performance is open to friends and family as well. We will be attending outings to the Evenglow Christmas Party, Morning Melodies, Christmas Lights Tour and be hosting our Residents and Volunteers Christmas Party. There will be lots of other activities and events being held throughout the month including New Year's celebrations so make sure you check your weekly calendars for up-to -date information.

If you are planning community and family outings or social leave over the Christmas/New Year period, please advise the Team Leader on your floor as soon as possible. This enables staff to prepare and pack essential items such as medications for your outing. Christmas Day is very busy for Gladstone Taxi's, and it is highly recommended that if you are needing transport, you book well in advance to avoid delays or disappointment. If you are thinking of celebrating at the facility, why not book the Private Dining Room, Bali Hut, Eden Room or one of the Lounge Areas on each floor. Bookings can be made via Reception.

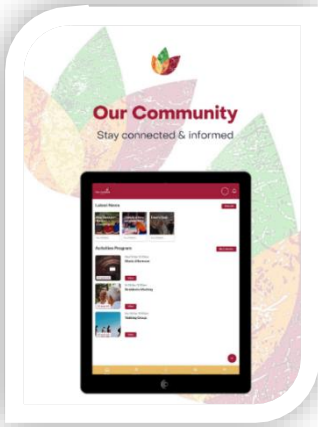
We have received some great suggestions for the renaming of our newsletter. We will be discussing the entries and voting for the most popular name at the next Resident's and Relatives Meeting that is due to be held Wednesday 4<sup>th</sup> December at 1.30pm. The winner will be announced in the January Newsletter. All welcome to attend. We would also like to trial producing the newsletter bi-monthly next year with the first being a Jan-Feb edition and would love to hear your thoughts about this. All feedback can be submitted to Lifestyle verbally, in writing or by email to: [karen@newaucklandplace.com.au](mailto:karen@newaucklandplace.com.au)

Wishing you a Christmas that's merry and bright!

Karen and the Lifestyle Team



## Introducing: The New Auckland Place App



New Auckland Place is providing a new way for residents, families and visitors to stay up to date with events and daily life at New Auckland Place. We are introducing the New Auckland Place App which can be downloaded for free from either the Google Play or Apple App Store.

The many features of the application allow a one-stop shop for keeping our Residents, their family and friends informed and updated on activities, upcoming events and activities happening at New Auckland Place.

If you wish to join the NAP Community, please provide Reception with the below information either when next visiting New Auckland Place or by emailing your information to [admin@newaucklandplace.com.au](mailto:admin@newaucklandplace.com.au) and use NAP App request in your email subject line.



**Name** (Your first and last name in one field)







**Name of NAP resident** (and your relationship to them (eg: family member / friend))

**Phone Number**

**Email Address**

**Birthday** (dd/mm/yyyy)

Next Steps:

|  |  |
|--|--|
| <p>1 </p> | <p>A welcome email / SMS will be sent to you asking you to :<br/> <b>Join JVS</b><br/>                 This will contain your initial password and a link to download the App.</p>   |
| <p>2 </p> | <p>Download the App from either:<br/>                 Google Play  or the Apple App Store <br/>                 Look for the icon with the New Auckland Place emblem </p> |
| <p>3 </p> | <p>Enter your email / mobile number and initial password to sign in. Set your new password, accept the terms and conditions and upload your profile picture (optional)</p>   |

You are now connected to the NAP Community....welcome

For more information, please see Administration or Lifestyle staff. An IPAD will be made available at Reception for anyone wishing to access the NAP App whilst visiting.



## New Auckland Place App Request

Please complete and leave with Reception Staff to have access to the NAP App created for you.

**Name**

*(Your first and last name in one field)*

---

**Name of NAP resident**

*(& your relationship to them (eg: family member / friend)*

---

**Phone Number**

---

**Email Address**

---

**Birthday**

*(dd/mm/yyyy)*

---

## New Auckland Place App Request

Please complete and leave with Reception Staff to have access to the NAP App created for you.

**Name**

*(Your first and last name in one field)*

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**Name of NAP resident**

*(& your relationship to them (eg: family member / friend)*

---

**Phone Number**

---

**Email Address**

---

**Birthday**

*(dd/mm/yyyy)*

---

# December Activities

- Thurs 5<sup>th</sup> Dec : Pop-Up Market Morning – from 9am  
Fri 6<sup>th</sup> Dec : Christmas Family Happy Hour & BBQ - from 3pm  
Tues 10<sup>th</sup> Dec : Morning Melodies Christmas Concert Outing – 9am  
Wed 11<sup>th</sup> Dec : Evenglow Christmas Party Outing – 9am  
Thurs 12<sup>th</sup> Dec : Christmas with Santa & the Paton's - 10am  
Friday 13<sup>th</sup> Dec : NAP Christmas Choir and Happy Hour – From 1pm  
Wed 18<sup>th</sup>: Dec : Christmas Decorators Masterclass – 10am  
Thurs 19<sup>th</sup> Dec : Morning Tea with Dave – 10am  
Friday 20<sup>th</sup> Dec : Residents & Volunteers Christmas Party – 10am  
Monday 23<sup>rd</sup> Dec : Christmas Bingo – 10am  
Christmas Lights Bus Tour – 6pm  
Tuesday 24<sup>th</sup> Dec : Christmas Capers – 10am  
Friday 27<sup>th</sup> Dec : Birthday Morning Tea with Dave – 10am  
Tuesday 31<sup>st</sup> Dec : New Year's Eve Party with Clyde Cameron – 10am

## Regular activities include :

- Bingo : 10am each Monday  
Sing-Along with Cathy Brown : 10am each Tuesday  
Hoy : 10am each Wednesday  
Hairdressing – Tuesday and Wednesday (by appointment)  
Lolly Trolley each Thursday  
Happy Hour : 1.30pm each Friday  
Residents & Relatives Meeting : 1.30pm 1<sup>st</sup> Wed of each month

## Eden's Delights Café

***Did you know that the Eden Delights Café offers Resident Accounts and Café Vouchers ?***

***Vouchers of any value can be purchased from the café or why not set up a pre-paid account\* and top up as needed.***

***\*Accounts must remain in credit.***

***See our friendly Café staff for further information.***



## Lifestyle

At New Auckland Place, our lifestyle team provides a diverse range of activities to meet the emotional, health, intellectual, spiritual, community and cultural needs of residents.

# Rewind – November Activities



# Its Beginning To Look a Lot Like Christmas!



## Christmas Kick-Off Happy Hour & Family BBQ Evening



Friday 6<sup>th</sup> December 2024

Venue: Eden Room from 3pm

**Bookings Essential - RSVP by Monday 2<sup>nd</sup> December**

To reserve your table - contact Karen or Di

Ph : 4978 9000 or

Email : [karen@newaucklandplace.com.au](mailto:karen@newaucklandplace.com.au)

\$15 per person

Children U12 free

Residents free



## Residents Christmas Decorating Competition

Get creative this Christmas season and start decorating!

Prizes for :

- **Best Decorated Door**
- **Best Decorated Room**
- **Best Decorated Mobility Aid**

Winners announced at  
Resident's Christmas Party  
Friday 20<sup>th</sup> December 2024



## Christmas Multi Draw Raffle

Our multi-draw Christmas Raffle tickets are now on sale. Tickets are \$1 each. Winners announced at our Residents Christmas Party - Friday 20<sup>th</sup> December.

See Lifestyle Team or Café for your chance to win some great prizes.



# What is Rhinovirus Infection?

Rhinovirus infection is a viral illness that causes upper respiratory tract infections (URTIs):

**Symptoms can include :** Runny nose, cough, sneezing, sore throat, headache, body aches, fever, watery eyes, nasal congestion, facial and ear pressure, loss of sense of smell and taste

**Complications could be :** Middle ear infections, sinus infections, bronchiolitis, bronchitis, pneumonia, asthma attacks, reactive airway disease

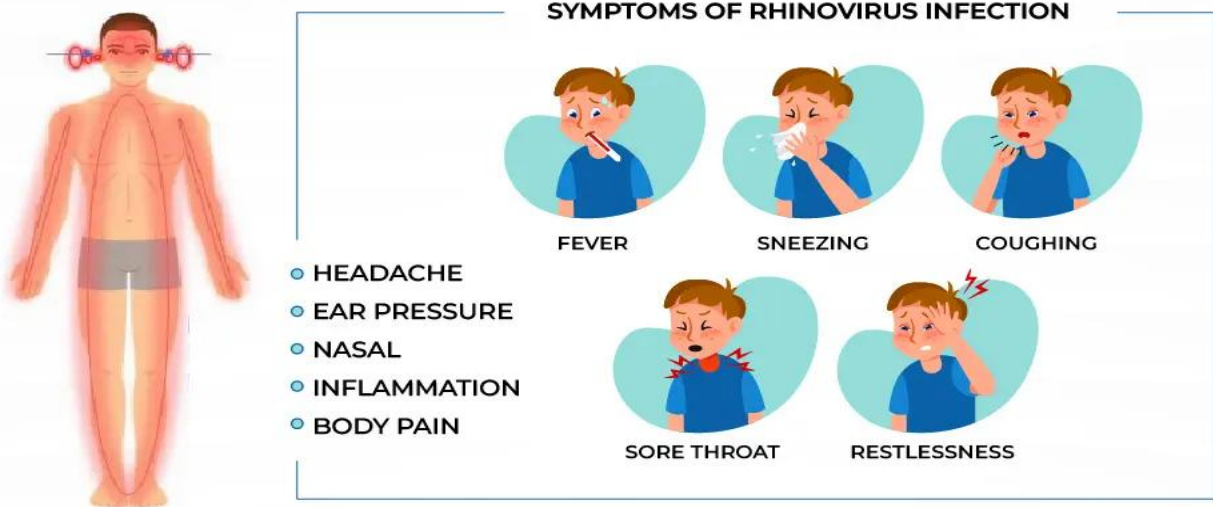
**Transmission :** Spread through direct contact with hands or fomites, or through the air as aerosols

## Risk groups :

Immunocompromised people and the elderly are at higher risk of severe complications

## To prevent the spread of rhinovirus, you can:

- Wash your hands
- Avoid touching your eyes or nose with your fingers
- Use tissues when you have a cold



## Nursing Care

Take confidence in knowing that New Auckland Place has Registered Nurses onsite every hour of every day!



# Word Search



## CHRISTMAS WORD SEARCH

Circle words in the puzzle below



Santa  
elves  
Rudolph

stocking  
tree  
star

snow  
cookies  
present

toys  
ornament  
sleigh

[GrannyMaze.com](http://GrannyMaze.com)



### JUST FOR LAUGHS!!

What do donkeys send out near Christmas?.....Mule-tide greetings.

What did the snowman say to the aggressive carrot?.....“Get out of my face.”

A gingerbread man went to the doctor’s complaining of a sore knee.....“A sore knee?” the doctor said. “Have you tried icing it?”

What does Santa do when his elves misbehave?.....He gives them the sack.

How much did Santa pay for his sleigh?.....Nothing – it was on the house.

# Reminder – Food Logging



All food brought into the facility for residents, supplied by relatives / friends / carers **must be** recorded in the food logs on the table located in the lift foyer on each floor or at each relevant servery. For example, if a resident is residing on Curtis floor, then the food supplied must be recorded in a Curtis Food Log. Please ask Catering staff for assistance.

New Auckland Place has a Food Safety Program in place which sets out specific food handling controls related to the receipt, storage, processing, display, packaging, transportation, disposal and recall of food. The logging of food brought into the facility from others is an important requirement of this Food Safety Program.

Food conjures up all sorts of memories – be it good or bad, things that we loved or things we were made to eat as a child and is great to share with your loved ones during their time at NAP. For the safety of all our residents, we ask that you please bring in food that is **ready to eat** or food that **only requires re-heating**. Unfortunately, due to resident and staff allergies and dietary restrictions we are unable to clean and or cook seafood for your loved one. We encourage you to continue to bring in these little trips down memory lane in a container that is labelled with the resident's name and written up in the Food Log which are located on each floor and at reception.

## Food Safety Register

Boyne North Rooms



**PLEASE OBSERVE  
THE FACILITY  
FOOD SAFETY POLICY.**

Dear Resident / Relative / Carer,

Food Safety Legislation requires you to inform us of any food you bring into this facility for a resident by completing an entry into our Food Safety Register. Please discuss with Catering Staff if unsure of New Auckland Place's requirement in providing a Food Safe Environment.

**Thank you for  
your co-operation.**





## Birthdays November

Ronald (Ron) M – Lady Musgrave

Maureen V – Lady Musgrave

Margaret A – Boyne N

Pamela W – Boyne N

Dulcie C – Boyne S



## New Residents November



Joyce W - Curtis

Helen J - Boyne North

Merle Chambers - Awoonga



## New Auckland Place Hairdressing Services

### Ladies Services (includes Blow Dry)

Trim – light tidy up (approx. 6 weekly intervals) – from \$28

Full Cut – cuts for longer hair (8-12 weeks) – from \$33

Style Cut – full reshape or restyle – from \$38

### Men's Services

Clipper Cut – Clippers used only – from \$12

Full Cut – for longer hair/complete restyle – from \$18

Beard and facial hair services attract additional charges.



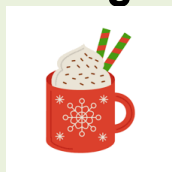
# New Auckland Place Noticeboard



## Café Deal of the Month

### DECEMBER SPECIAL

Mug of hot chocolate with a



Mug Hanger Biscuit

\$5

#### Café Opening Times

Monday to Friday 8.30 am - 2.45 pm

Saturday, and Sunday 8.30am - 1.30 pm

## In Memoriam – NOVEMBER 2024

Sadly we say goodbye to our much loved residents:

Sheena T – Boyne S

Lynette E – Curtis

Raymond (Bert) N – Boyne S

Rita C - Curtis

To their family and friends - May you find strength in the love of family and in the warm embrace of friends. Caring for your loved one was a privilege.

## Employees of the Month NOVEMBER

**Resident Nominations** - Leanne (Admin)  
Rebecca (AIN)

**And the winner is.....** Leanne S (Admin)

To nominate an employee that deserves a mention, please fill out a nomination form at any "Sign In Desk" on any floor or ask at reception.

## Café Winner of the Month

Congratulations to our lucky café voucher  
November winner :  
**Ken & Norah P (Curtis)**

## Resident & Representative Meetings

R & R meetings are on the first Wednesday of the month and are held in the Eden room at 1:30pm. Representatives can attend the meeting but must notify the Diversional Therapist of their intent to attend prior to the meeting. If unable to attend you can place agenda items on the agenda, by letting lifestyle know or by sending us an email.

## Hairdresser Price List

### Ladies

Trim & Blow Dry from \$28

Full Cut & Blow Dry from \$33

Style Cut from \$38

### Men

Clipper cut from \$12.00

Full Men's Cut \$18.00

Beard Trims extra

**Tuesday and Wednesday Mornings  
by appointment.**

## Lost Property

Unidentified items are displayed in the hairdressing salon Monday, Thursday, and Friday's. Please see reception for location on Tuesday and Wednesdays.

## Electrical Appliances

All appliances need to be tested and tagged by a qualified electrician to confirm they are safe, if you need assistance or have any questions please check with administration or maintenance team

# New Auckland Place Noticeboard



## All Visitors / All Residents

A reminder that **All Visitors** to our facility **MUST SIGN IN AND OUT at reception and sign the declaration and have a wellbeing check performed.** This is for your safety, and it is mandatory with no exceptions.

Please note **All Residents** leaving the facility need to sign out – then sign in again upon their return, in the Visitor and Resident Log folders located on individual floors. Again, this is for safety and security reasons and is so important.

## Clothing Labels

Please remember any new items that will go to the laundry, need to be labelled with resident's name. Often new clothing / blankets / etc. received as gifts are not labelled and unfortunately get lost.

To assist with eliminating the possibility of lost clothing/ items, all residents clothing should be labelled prior to / upon entry and during their stay.

## Valuables

On admission, an inventory is taken of all resident's valuable belongings which includes jewellery. Whilst all care is taken to safeguard your belongings, we do not take responsibility for any loss or damage. We suggest that any items of significant or sentimental value are not kept in your rooms. The facilities insurance policy does not cover individual residents' items. It is recommended that residents or family arrange for individual personal insurance should they wish for any items to be covered by insurance.

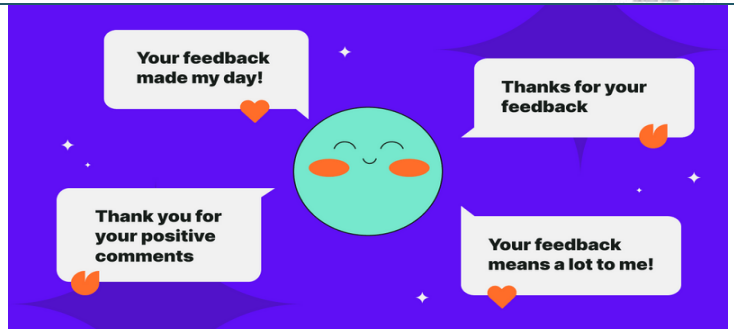
**Reminder:** Please advise the administration team if valuable items are brought in after the day of admission. These items will be added to your inventory list.

## Clothing

Family members and carers, please check clothing which may-be worn or needed to be repaired. Provide appropriate seasonal clothing and take home what's unsuitable for that season. All clothing must be clearly marked / labelled. A minimum quantity of clothing is:

- Underpants x 10
- Singlets x 7
- Petticoats x 4
- Nightwear x 7
- Skirts / trousers / dresses / shorts / tracksuits x 7
- Tops x 7
- Jumpers x 4
- Socks x 7

# NAP Feedback



Compliments, suggestions, and comments, positive or negative, are an important part of the NAP Feedback System and as such, residents and visitors feedback is welcomed. The Management Team are happy to discuss your feedback or questions directly or if preferred, you may wish to provide your compliments, suggestions, or concerns by completing a New Auckland Place Feedback Form. These are located at Reception and on the Sign-In tables in the lift foyers on each floor. Feedback Forms can also be submitted anonymously. If you do not wish to contact staff or the facility directly, you can contact other services that may be able to help you such as an Advocacy organisation or the Aged Care Quality and Safety Commission.



If you are unsure or would like some assistance in providing feedback or raising questions, **Advocates** are available who can help you work out what your rights are and what your options may be. You can speak to an Advocate by calling **1800 700 600** or visiting the Older Persons Advocacy Network (OPAN) website.

You can also contact the Aged Care Quality and Safety Commission to give feedback about the quality of care and services you have received if you do not wish to contact the facility direct. This is different to making a complaint and is helpful in the accrediting, assessing, and monitoring services against the Quality Standards. To provide feedback, call **1800**

**951 822** or email ACQSC at [audit.feedback@agedcarequality.gov.au](mailto:audit.feedback@agedcarequality.gov.au).

## How can I contribute to the scheduled monthly activities?

Residents and Relatives meetings are convened on the first Wednesday of the month at 1.30pm. Residents and their relatives are encouraged to participate in the discussions at these meetings, regarding feedback, information sharing, activities social outings and setting of dates on the Activities Calendar.

We love to hear your suggestions or recommendations.

## How to participate in the Resident and Relatives meeting?

As a resident you can advise Lifestyle Team members you wish to attend the Residents and Relatives meeting. Relatives are welcomed to attend, however please advise Lifestyle prior to attending a meeting to enable us to comply with physical distancing protocols.

You do not have to attend in person, you can advise staff that you would like to have input into these meetings, by emailing [Karen@newaucklandplace.com.au](mailto:Karen@newaucklandplace.com.au), telephoning the Diversional Therapist or alternatively talking to Lifestyle Team members.

# Activities Update



Please check the lifestyle calendar for your floor to see where and when activities are scheduled. The lifestyle program runs Monday to Friday and Awoonga / Lady Musgrave continues to have a program seven days a week. Please be aware that Activity Calendars may change with short notice, to reflect changes we may have to make in response to acute respiratory infections if they impact the facility.

Included in our Activity Calendars are Bingo, Hoy, Quiz, Trivia, Whiteboard Games, Carpet Bowls, Putt-Putt Golf, Bobs, Ten Pin Bowling, Cooking, Arts & Crafts, Sing-a-longs, Pamper & Massage, Theme Days & Arm-Chair Travel Program.

Home Library visits, Church and Communion services have resumed, and we welcome back the GRC, Uniting and Catholic Church representatives. Please see a lifestyle team member for more information on days and times of visits.

More resources are continually being added to the Multi Faith room and available for use by all, please contact Karen the Diversional Therapist for more information.

We also have an I-Pad set up with Facetime & Zoom for you to use to talk to your family members who are not able to come in to see you. Please speak to your lifestyle team member if you wish to find out more information. For residents who have mobile phones, a reminder to carry them with you, so you are accessible if your family ring you.

Remember to practice social distancing, maintain good cough/sneezing etiquette and perform handwashing frequently to prevent the spread of infection.



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## Just a Reminder !!



To ensure the safety of our residents, staff and visitors at New Auckland Place, please observe the 5km per hour speed limit within the facility grounds.



On arrival at New Auckland Place, please remember to check in with our friendly reception staff. Signing in and completing the COVID screen remain important steps to keep our loved ones safe